



Grade 6. Worksheets 1. Date: 2.09.22

Lesson: The Body and it's Movements

A. Choose the Correct Option

1. The name of the long bone present in arm is:
 (a) humerus . (b) ulna. (c) ligament. (d) cranium
2. join two bones.
 (a) Tendon. (b) Ligament. (c) Cranium. (d) Humerus
3. Which of these is a ball-and-socket joint?
 (a) Elbow. (b) Ankle. (c) Neck. (d) Shoulder
4. The joints of the hip bones are:
 (a) fixed joints. (b) freely moving joints
 (c) hinge joints. (d) gliding joints
5. Which of the following animals has an exoskeleton?
 (a) Bird. (b) Cockroach. (c) Fish. (d) Man

B. Give one word for the following:

1. An organ protected by the ribcage.
2. The type of joint found in knees.
3. Hard covering of the brain.
4. The long bony structure that is located along the back of our body.
5. Fish use their for movements

C. Fill in the Blanks

1. Joints of the bones help in the of the body.
2. A combination of bones and cartilages forms the of the body.
3. The bones at the elbow are joined by a joint.
4. The contraction of the pulls the bones during movement.
5. Each finger of our hand has bones.

D. Match the items in column 'A' with one or more items of column 'B'

Column 'A'	Column 'B'
1. Upper jaw	a. have fins on the body
2. Fish	b. has an outer skeleton
3. Ribs	c. can fly in the air
4. Snail	d. is an immovable joint
5. Cockroach	e. protect the heart
	f. shows very slow movement
	g. have a streamlined body